

The Addiction Inoculation

RAISING **HEALTHY KIDS** IN A CULTURE OF DEPENDENCE



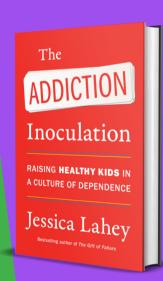
Jessica Lahey (she/her)

Jessica Lahey is the author of the New York
Times bestselling book, The Gift of Failure: How
the Best Parents Learn to Let Go So Their
Children Can Succeed and The Addiction
Inoculation: Raising Healthy Kids in a Culture of
Dependence. Jess was awarded the Research
Society on Alcohol's Media Award for
"outstanding journalistic efforts of writers who
cover empirical research on alcohol" [...] "for her
book The Addiction Inoculation and advocacy for
the recovery community." Over twenty years, Jess
has taught every grade from sixth to twelfth in
both public and private schools, and spent five
years teaching in a drug and alcohol rehab for
adolescents in Vermont.

THURSDAY January 25, 2024 6 pm PDT via Zoom

https://us02web.zoom.us/j/88431484230? pwd=YjlDaldyTDNGeWRJbEUvUC90S1hRZz09

Meeting ID: 884 3148 4230 Passcode: 774381



Discussion
Topics

- Substance use prevention
- Risk factors
- Protective factors
- The value of parenting for competence
- Self-efficacy, both for learning, motivation and substance use prevention.

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