



PARTNERSHIP FOR AWARENESS
PRESENTS



THE SANDWICH GENERATION

CARING FOR KIDS
SUPPORTING AGING PARENTS
CARING FOR YOURSELF

SUPPORT FOR FAMILIES BALANCING CAREGIVING ACROSS GENERATIONS

THURSDAY, FEBRUARY 12, 2026
6:00 PM - 7:00 PM
THE BARTH ROOM
CROWELL PUBLIC LIBRARY
1890 HUNTINGTON DRIVE



About Our Event!

Christy Byrne Yates

RSVP

- Many families find themselves balancing the needs of growing children while also supporting aging parents—often quietly, and often without enough support.
- Partnership for Awareness invites you to an in-person community program featuring Christy Byrne Yates, M.S., LEP, Licensed Educational Psychologist, author, and caregiver, who brings both professional expertise and lived experience to this timely conversation.
- Drawing from her book Building a Legacy of Love: Thriving in the Sandwich Generation, Christy will explore the realities of caregiving across generations, including anticipatory grief, navigating difficult conversations, and why self-care is essential—not optional.