



PARTNERSHIP for AWARENESS
PRESENTS



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The Boss Brain:

Pro-EF (Executive Function) parenting strategies that foster self-awareness and independence in kids and teens

**Tuesday
November 9
7 pm PST**

**Join Zoom
Meeting Here**

Meeting ID: 860 8496 8784

Passcode: 364819

- Understand the role of the “boss brain” or the frontal lobes and emergence of Executive Function in helping develop independent and self-sufficient children
- Identify the life-long implication of strong Executive Function
- Learn three evidence-based Executive Function strategies that strengthen resilience through emotional courage, mindfulness, and open-minded adaptive flexibility

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