

## GOOD ENOUGH PARENTING:

RAISING EMOTIONALLY
HEALTHY CHILDREN

Research has shown
that when core emotional needs
are not met during the formative
years of a child, schemas (life traps) will
develop. While no one's parenting can ever be
perfect, author Karen McDonald Louis ("Good
Enough Parenting: Raising Emotionally Healthy
Children") will offer ways parents can learn to meet
these core emotional needs.

Karen McDonald Louis and her husband, John Louis, have lived in Singapore and Southeast Asia for over 30 years and have raised two adult children. Together, Karen and John created three family-life programs, including "Good Enough Parenting", and have trained facilitators from every continent. Their curriculum is featured in resource guides from the US Department of Health and Human Resources and sponsored by the Singapore government.



NOVEMBER 13: AT 7PM IN HMS AUDITORIUM